

HEATH HERALD

HEATH'S FIRST NEWSPAPER 50¢

HARRIET CARPENTER READ 1909-1994

by Caroline and Newland Smith

Harriet was always proud of Heath and happy to live here. Although she was not born here she had connections from an early age. Her father, Frank Carpenter, was born in the White sisters' farmhouse, now the Howland "Yellow House," and Harriet spent summers in Heath beginning in 1921 when her father bought the present Overly house. After the White sisters died in the 1940's, they moved to the Plover Hill house, where they enjoyed many pleasant Heath summers. Harriet could not wait to live in Heath year 'round, so when her husband, John Read, retired in 1974 they moved permanently to Plover Hill.

Harriet loved Plover Hill and was most interested in Heath affairs. So it was natural that she was one of the founders of the *Heath Herald* in 1979. It was she who compromised on her suggestion of the name, *News and Views* for the paper and gracefully accepted the majority wish to the name, *Heath Herald*. Harriet was a fine imaginative artist and created our masthead design of the "Herald" blowing his horn! Regularly for many years she drew cartoons for the *Herald* on subjects pertinent to Heath affairs. Also Harriet would write articles for this paper on a wide range of subjects related to Heath. In addition Harriet liked to sew and made the costumes for the "Herald" used in the Heath Fair parade for several years.

Harriet had a good sense of humor and always liked to be teased, but was very sensitive on her age. In the 1970's on occasions she would announce that she was the "oldest" member of the Heath Historical Society, but then quickly added that she only meant the "longest" in terms of membership. (Her father had signed her up as a Life Member in the 1920's). Harriet was always interested in the Historical Society and participated in the activities every year she was in Heath. In addition she was very supportive financially of the Society and the Heath Church. We will always miss Harriet but will remember her gracious and friendly manner.

EDITOR'S NOTE: Harriet and John Read, who lived at Plover Hill in Heath, were among the original founders of the *Heath Herald*. The staff of the *Herald* recognizes their many contributions to the local community.



HARRIET CARPENTER READ
(Family Photo)



HARRIET AND JOHN READ (Family Photo)

CARD OF THANKS FROM THE FAMILY OF WILLIAM ADAMSKI

We wish to express our sincere thanks to the many friends, neighbors, and relatives who provided support and comfort during a most difficult time. The flowers, food, cards, and donations in Bill's memory were greatly appreciated. Thank you all for your prayers and kindness.

Dorothy Adamski Susan, Guy and Betsey Silvester Sarah Jane, Joshua, Emily, and Calvin Hite

LADIES AID

by Edith Royer

The Ladies Aid Christmas Sale will be held at the Community Hall on Saturday, November 5, 1994. The hours are 10 AM to 3 PM. Decorations, toys, fancy articles, a white elephant table and more will be offered. There will also be a bake sale and lunch will be on sale at all times.

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The HEATH HERALD is published six times a year in April, June, August, October, December and February. SUBSCRIPTION RATE - One year: \$5.50 (payable in advance by check or money order.)

ADVERTISING RATES - Display ads: \$4.50 per column inch (Discounts on six or more insertions.) CLASSIFIED ADS - \$2.00 per line.

Send all correspondence to: Box 54, Heath, MA 01346-0054

WINTER STORAGE AT THE HEATH FAIRGROUNDS

by Robert Gear

Space is again available at the fairground for winter storage of boats, vehicles and farm machinery. Rates are \$50 for boats, vehicles or campers and \$25 for farm implements.

The fee is due at the time the item is brought to the fairground. All items must be brought to Robert Gear at the trailer and owners will receive a storage contract. No exceptions! All items will be tagged as they are brought in and any untagged items will be towed out to the parking lot.

Storage fees are an important source of income for the fair and this money is used throughout the year for maintenance costs.

The Fair Committee would like to thank all the people who have used this storage facility over the years. Unfortunately there are some who have continued to bring in unauthorized boats, vehicles, campers and implements. This is unfair to the people who do pay the annual fee and is a serious loss of revenue to the fair and will no longer be tolerated.

Anyone who would like to use the storage facilities is invited to call Robert Gear at 337-4844 or Michael Peters at 337-5501 to make necessary arrangements.

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ALAN'S ALMANAC

by Alan Nichols Observer for Mass. Div. of Water Resources

Norm

AUGUST 4.46'' 4.25''
SEPTEMBER 4.11'' 4.29''
* through September 25, 1994

While we have had normal amounts of precipitation we have had a fairly damp, unsettled summer and now we're slogging into fall. Those with shallow wells should be pleased and the fall colors are much more vivid on an overcast day.

HEATH PRESCHOOL NEWS

by Suzanne Crawford, Director

The Heath Preschool is now beginning its 15th year, and we're off to a wonderful and busy start. We have 25 students enrolled, with 17 from Heath. We had a big group of children who "graduated" and went on to kindergarten last spring, so the majority of our children are new to the preschool this year. The first several weeks are a time for the children to become comfortable at school and with school routines and to get to know each other. We focus on taking good care of our friends and our school - and these simple guidelines really cover most situations.

One of the great things to see at the beginning of the year is how much young children know about playing. Play is a young child's way of learning about the world and experimenting with social skills, scientific and mathematical concepts, art techniques and more. We provide them with a rich, stimulating and safe environment so that they can safely and comfortably go about the business of learning. Our classroom is arranged in a number of learning areas - wooden blocks, books, art materials, play dough, painting easel, puzzles and legos, water table, tape recorder, and "housekeeping" areas. During much of the day the children can choose what they wish to play. When they finish one activity, they put away those toys and can choose another area for play.

Preschoolers are "do-ers" - in other words, they are process oriented and learn best through active hands-on experiences. For young children, the joy of learning to cut with scissors comes in the cutting itself, rather than the end product of the cut paper. Later, as children become older and have mastered the skills, they turn their energies more toward the final product. At the Heath Preschool we have many varied opportunities for



PRESCHOOL ENJOYING THE NEW SANDBOX (Photo by Sue Crawford)

active self-directed play, and the children do a fine job.

Many people have made contributions to the preschool in the past couple months. Our thanks go to all the people who helped make the fund raiser at the Heath Fair so successful. Special thanks are in order for the people who contributed the wonderful array of prizes for the raffle - many of them handmade. Also our thanks go to the dunking booth crew for their good-natured entertainment. Many parents helped at the fair, but 3 were invaluable in planning, organizing and keeping things running smoothly. Giant thanks go to Mary Vilbon, Deborah Phillips and David Adie for this important role. Last spring we received some special grant money from the state for materials. This enabled us to have Brian Vilbon build some beautiful shelves, "cubbies" and mail boxes that are now happily being used. We were also able to enlarge the sand box, and our thanks go to Michael and Veronica Smead for supplying us with the great new sand. If you're longing for a vacation, come play in the sandbox for a while it's the next best thing to being on Cape Cod! Dick Newton, our custodian, has done a great job getting the classroom clean and ready and in good repair. He also helped with moving the furniture back from its summer storage, along with David Adie, Jason Clark and Karen Mozelak. The Heath Preschool is fortunate to have such great community support.



PRESCHOOL READERS AT WORK (Photo by Sue Crawford)



BUILDERS OF TOMORROW (Photo by Suc Crawford)

PTP NEWS

by Becky Bradley and Mary Vilbon

The PTP met for the first time this year. In reviewing our charter we learned that we hold ourselves responsible for funding at least 3 enrichment programs for the children each and for fulfilling several roles in the school:

- * Finding each classroom a resource and room parent
- * Researching areas for enrichment (people and activities) to enhance curriculum
- * Showing appreciation to staff and students throughout the year
- * Offering at least one support workshop for parents per year
- * Sponsoring school spirit activities
- * Acting as a source of communication and feedback between the staff and parents.

A look at the budget from last year found that the PTP spent \$2,125 carrying out these goals; \$1,550 for enrichment and \$575 to show support and appreciation to teachers, students and in the Adopt-a-Family project.

We discussed how to meet these goals this year. Taking the list above one at a time this is the current plan. We welcome your attendance at future meetings (first Monday of each month at 6:30 with free childcare!) if you have additional ideas.

Jeff Taylor shared with us the following curriculum area studies:

Nov./Dec. A Festival of Arts Jan./Feb. Winter Wonderland Mar./Apr. Study of German lang. area of Europe May/June Health and Fitness

We will try to find resources to aid in these curriculum areas. We will also provide chaperones for the fall hike and other nature studies. field trips to art museums, help in putting on concerts or developing a school magazine; chaperones for skiing, tracking and other winter studies, help with mini-courses, help with field day and other fitness events, and an all school dance. We will try to tie the enrichment programs we bring to the school into these areas to study to support the classroom activities.

Our monthly meetings will be our way of increasing communication between Mr. Taylor, teachers and parents. Please come and communicate your feelings and concerns.

We will raise money for enrichment through the Rent-A-Family project. We will also sell wrapping paper again this fall and will continue to do so until the Rent-A-Family project replaces the \$1,000 raised in the paper sale.

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OPEN HOUSE AT THE PRESCHOOL

On Saturday, October 22 there was an open house at the Heath Preschool located on the lower level of the Community Hall. This was an opportunity for parents who would like to consider the preschool for their young children to come and visit, for parents and children of preschoolers currently attending to get to know one another, especially since the morning group rarely interacts with the afternoon group; and for community members to join in, meet teachers and Heath's young people to see what the preschool is all about.

There was singing with Doug Wilkins and stories told by Debby Cuthbert, a fine storyteller from Pittsfield. This was a wonderful opportunity for family fun and

MOHAWK SCHOOL NEWS

by Magen MacDougall

Summer is officially over. School started September 7 for the seventh grade and September 8 for the eighth through the twelfth grades. It was a typical first day of school, super long homeroom so the students can get piles of paperwork to fill out and bring back the next day, fixing schedules that are wrong, walking into the wrong class, late. There are better points though, new lockers, a shiny clean floor, new clothes and seeing all the people you were away from for two months.

It doesn't take long to get back into the school mode. Class meetings were held the first full week of school to discuss Booster Day, the class float, the pep-rally, Booster Day court, and other class activities like setting the class dues.

Sports started up quickly. Although there were summer practices, it is now that the games get going, and the teams really start working hard.

Overall this year looks like it will be pretty good.





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LOCAL POETS PUBLISHED

by Deborah Phillips

The 1994 edition of The Anthology of Poetry by Young Americans includes the works of three young poets from Heath: Aaron Wodin-Schwartz, David Smead and Rachel Brower. Among thousands of entries, the poems—which were submitted by their teachers—were chosen to be included in this year's edition along with many other talented young poets across the United States.

Entries for the 1995 edition can be sent to: Anthology of Poetry, P.O. Box 698, Asheboro, NC 27204-0698. Poems do not have to be submitted through the schools, so if you know of any aspiring young poets, please, let's read about it!

IF I WERE A

by Rachel Brower

If I were an ant, I could go underground.

If I were a bird, I could fly.

If I were a fish, I could swim without needing air.

If I were a pen, I would probably like writing.

If I were a boat, I could sail across the world.

If I were a snake, I could slither across the ground.

If I were money, I'd be in a lot of different pockets.

I USED TO BE NATURE, BUT NOW I AM NATURE

by Aaron Wodin-Schwartz

I used to be a seed,
but now I am a tree.
I used to be a hill,
but now I am a mountain.
I used to be a stream,
but now I am a river.
I used to be a kitten,
but now I am a cat.
I used to be a puppy,
but now I am a dog.

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LEGOS

by David Smead

Legos big, Legos small, Legos in a shopping mall.

Legos in a snopping man

Legos big, Legos small, Legos in a shopping mall.

Legos big, Legos small Legos laying in my hall.

Legos big, Legos small, Legos behind every wall.

Legos big, Legos small, Legos caught in a fall.

Legos big, Legos small, Legos turn into a doll.

HAZARDOUS WASTE COLLECTION DAY SATURDAY, OCTOBER 22, 1994

Heath is participating in a county-wide hazardous waste collection program on Saturday morning, October 22, 1994. Forms for pre-registering each household's participation are available at the Post Office and in the Library. Details are explained in the form which must be mailed to the Franklin County Solid Waste Management District by October 14. Households are encouraged to "pool" or "bunch" their material to lessen the number of cars. The collection point is the Buckland Town Garage just off Conway Street. Again each household wanting to participate should send in their pre-registration form. For further information call 772-3786 except on Fridays.

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NEWS FROM THE ACADEMY

by Jesse Seaver

Hello, and welcome to News from the Academy. Just in case you don't know what "The Academy" means, it means The Academy at Charlemont. If you don't know what Jesse Seaver means, well that's just as well.

Well, we are officially into the '94-95 year. We have 27 new students this year. These include Wezo Jama from South Africa and Sancho Aquado from Slovakia.

I interviewed Sancho and this is what he answered to the following questions:

SEAVER: "What inspired you to come to the Academy?"

AQUADO: "Well, I wanted to improve my language and make friends."

SEAVER: "How long do you plan on staying here?"

AQUADO: "I'll be staying here for the school year. I'll be leaving June third."

SEAVER: "Is the USA what you thought it would be?"
AQUADO: "Yes, it is. I have heard a lot about the USA from my friends. It is not much of a shock to me. It is pretty much what I thought it would be."

SEAVER: "Are you going anywhere else while you are here?"

AQUADO: "I will be going to Ohio and other places while I am here. I will be traveling."

SEAVER: "Thank you."

AQUADO: "Yes, thank you."

Sancho will be staying with the Wheelers (Andy). He says the thing he likes most about The Academy is the teachers. "They are really doing their job here," he said. "It was not like this in Slovakia where a relationship between teacher and student is rare. There is hardly any community in Slovakia. I like this much better."

Sancho is here in America to finish up his studying to get a degree in Economics. He will also be studying Spanish and Latin along with English.

No one else in his family has come to the United States before. He says the best thing about it is the people.

Finally he wanted to say "Hello, America."



HEREABOUTS

by Jesse Seaver

Well, here I am. Back in school, my summer over, the Heath Fair over, working with Dave Freeman over. But I have one thing that is not over, SCHOOL!! It is nice to be back in school, but I had such a good summer that it is weird not to be out there again today. I do like school though.

I think the Fair went well again this summer. I, as usual, sold tickets and I think a lot of people came, even more than last year. There was a tremendous downpour, and the electricity went out once, twice, luckily not thrice. Actually, it was quite depressing the first time the electricity went out. I was just about to buy a big, creamy, waffle cone, when kablooie, out it went. I had to say a sad bye, bye to that waffle cone.

I keep missing people's birthdays. First, I missed Dave Freeman's. Then I missed Carroll Stowe's. Then God only knows how many more I forgot, since I haven't remembered them yet. But don't worry if you know me and you're wondering where your birthday card is. You'll get it some time or another. It wouldn't hurt to remind me if you see me though.

I wrote a card to Mr. Stowe that went something like this:

N:1 From a person who is sorry to be the last person to wish you best wishes on your last birthday, but is eager to make amends by being the very first to congratulate you on your next one. Happy Birthdays. Well, that's one way out for me.

Anyway.

This news about flight 457, USAir is really devastating. I heard that the plane turned upside down, then plummeted to the ground. What a horrible feeling it must have been. I read in a magazine that a few people were late to the airport and missed their flight. Because they were caught in a traffic jam, they are still alive today. There are always two sides to everything. Anyway, USAir's record is pretty bad. Five crashes in the last five years. That's a crash a year. Well, enough about that.

Off to school again, Tralaa, Tralaa, Tralaa ...



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CONNECTIONS

PAT LEUCHTMAN

STARGAZING WITH CLARK JOHNSON

Clark Johnson had his head in the clouds, or more specifically the stars, from the time he was a boy growing up in the Black Hills of South Dakota.

If you love the stars you need dark nights. Clark says that the dark skies of Heath, so far from sources of light pollution, definitely played a part in his family's decision to move to Heath.

Watching the stars can be a solitary pursuit, but Clark belongs to the Amherst Area Amateur Astronomers Association which meets twice a month and he periodically hosts viewings for groups. Henry and I and our neighbors, Catherine Heyl, her husband John Nicholson, and daughter Emily Nichols were delighted when he invited us over for an informal evening of stargazing.

Of course, in the summer, serious viewing can't begin until almost 9 PM. We helped Clark and his son Dylan set up the telescope, a 10 inch reflecting "light bucket" on the Dawson Mount and got our orientation to the summer sky.

There was no moon, at least not at that hour, and this is vital to searching the "deep sky". The moon is the most familiar object in the night sky, and not without its own romance and fascination, but Clark likes to explore the deep sky, searching for those objects that are not visible in bright mocnlight.

We say the Milky Way spilling across the sky. Our own sun is only one of the 300 billion stars that makes up the Milky Way Galaxy, only a portion of which is visible to us from our vantage point on earth. We found the constellations I am most familiar with, Orion with its famous belt of three stars, Cassiopeia, looking like a W, and the Big Dipper. Then Clark pointed out the Serpent, Cygnus, Hercules and Lyra.

Clark and his wife Cynthia named their daughter Lyra. Clark said he just thought it was a pretty name, he had no special love for Orpheus' harp. In fact, he said, "I don't really know much about all the mythological stories and characters which so many cultures have. I'm more drawn by the sheer beauty of the stars, than by any stories."

Clark is very familiar with night skies, galaxies and nebulae and comets. He's worked his way through the Messier object list. Clark explained, "Messier was a French comet hunter and he mapped these 110 objects that no one paid much attention to, because he wanted to be able to eliminate them as known parts of the sky when he was trying to identify comets." Now he's working his way through the Hershel list which contains 400 objects. Hershel was working with the most

powerful telescope available at the time, in the 19th century.

It's very exciting to look at the stars with someone who can point out and explain what you are looking at. At one point Clark pointed the telescope and said he wanted us to tell him what we saw, he would say nothing more. Uh-oh. A test! Fortunately, Catherine looked first. Wiggling and grumbling she finally said she couldn't get a clear view, things looked smeared.

Catherine passed! She saw that one of the stars in the handle of the Dipper is a double double star. You can almost see with your naked eye that one star is actually two stars very close together. With telescope you can see that the second star also has a double so that "one" star is actually three.

The night we visited Clark and Cynthia the heavens were much in the news. Jupiter was being bombarded by a comet and there were spectacular astronomical photos on the TV news every night. We didn't see anything like that, but we did see several falling stars because the Perseid Meteor Showers, which occur mid-August every year, had begun.

Clark's enthusiasm and knowledge is evident in the SKYWATCH column he does for the *Recorder*, pointing out the highlights (no pun intended) in the sky for that period. You'll also notice Clark's byline on other news stories in the West County.

When I asked Clark what he would do when he worked his way through the Hershel list, a task that may take a couple of years, he said he wasn't sure. Some people were comet hunters, some liked searching for supernovas and galaxies. He thought comet hunting had a lot of appeal. What is not in doubt is the endless fascination of the limitless skies.





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HISTORICAL SOCIETY NEWS

by Pegge Howland

Well, we did it! We finished reconstructing the barn on the fairgrounds, and dedicated the Solomon Temple Barn Museum on August 20 "to the preservation and explication of Heath agricultural artifacts, and the education of future generations about the farming culture of Heath."

More than 161 people - Society members, community members, and businesses - cooperated to bring about the resurrection of Dot and Dick Gary's 18th century barn. Over 100 loyal members and friends - men and women, husbands and wives - contributed a grand total of \$45,880 to the project, and 58 in-kind donors contributed free labor and logs, or services and materials at a discount. It was a superb community effort, and the Board of Directors of the Historical Society wants to thank each and every one of them for their hard work and sacrifice.

The dedication took place during the Heath Fair as part of our Annual Meeting. I guess there must have been between 90 and 100 people crammed into the Museum for the event! The Reverend Richard Gary gave an inspirational Invocation to start the ceremony, and was followed by Peter Webber, Commissioner of Environmental Management who reminded us of the importance of agriculture to the preservation of the environment. Then Representative Steven Kulik presented us with a few well chosen words of encouragement and (surprise) a signed commendation from the Massachusetts House of Representatives. Mike Peters, President of the Heath Agricultural Society spoke next about the cooperation between the two societies, and our own Buck DenOuden followed with a fine rendition of Heath's agricultural and farming history. Carroll Stowe wrapped up the program with a selection of his own inimitable local tales which were greatly appreciated by all! Finally, there was a video presentation depicting the disassembly and reconstruction of the Solomon Temple barn filmed by Dot Gary and Mike Peters, and narrated by Pegge Howland. It was a fitting and memorable event that everyone seemed to enjoy.

At the brief Annual Meeting of the Society which was held after the dedication, Pegge Howland and June Day were reelected to two-year terms as President and Vice President respectively, and Michael Coe was elected to a three-year term as Director replacing Todd Sumner.

By the way, the barn video is available at the Heath Library. And remember, we welcome new members anytime. The dues are very modest. Please contact Pegge Howland at 337-4980 or Craig Barry at 625-9222 for an application.



HEATH UNION CHURCH NEWS

by Pastor Roger Peace

After missing the last *Heath Herald* (and nearly missing this one) I have come to the conclusion that time must be going too fast. Then as I look out my study window and see God's beautiful creation changing colors (which means winter is coming soon) I come to another conclusion - maybe I am just slowing down. Whatever the case, I know that things are happening at the Heath Church, and if you are not there on Sundays you are missing out, so see you next week.

October brings our annual meeting, but this year we are delaying it by two weeks; something to do with time passing quickly! The budget is set, phone calls are being made, reports are being written, and don't forget your verse for roll call at the meeting.

September 11 we held a baptism for two youth at Papoose Lake. I would like to thank Dee Hall for getting us permission, and also thanks to the leadership at Mohawk Estates for allowing us use of the Lake. It was a great day, although a little chilly.

On October 2 we held a concert by Herb and Edi Hutchinson at the church. Then on October 16 we are having another potluck dinner with Andy Berryhill singing for us. Make sure you don't miss him, it will be fun. Of course, plans are underway for Thanksgiving, living Creche, Cantata and Christmas Eve Service. By the way, have you noticed the Christmas decorations at the stores in September? No wonder time seems to go by so quickly. Something else is happening in October. We are beginning our Sunday School program. It will be at 9 AM with five classes, from three years old to 103 years old. We don't want to leave anyone out.

I would like to thank our church family for all the help in making Roger and Cathy's wedding a success. May God richly reward you for your willingness to help others. Thanks also go to those who helped paint at the church, and for all the volunteer work that is not always mentioned, but so much appreciated. He will reward!

Hope to see you in church Sunday - for there is a sweet, sweet Spirit in this place!
God Bless.



HARVEY AND MARY CARTER RAISE A BARN

by Pat Leuchtman

The tennis court and the swimming pool on Hosmer Road have given way to a big new vegetable garden -and a new barn. Harvey and Mary Carter bought Newland and Caroline Smith's beautiful old house a couple of years ago, and now they are embarking on an old Heath agricultural enterprise - sheep. But this time the sheep will not be raised primarily for wool, or even for leg of lamb. The Carters' barn has an extra room attached where cheese will be made and aged.

The barn is a post and beam construction. For weeks Philip Watson and his crew were cutting and notching the wood. The task wasn't made any easier because June and July were so damp and wet, causing the green wood to swell. In a post and beam structure, no nails or screws are used to hold things together; the supports are all mortise and tenon requiring very precise measurement and cutting.

When the hired crew was done cutting and notching, the Carters' invited old friends from Vermont and new friends from town to come and help raise the barn on July 22 and 23. John Henry, Brian deVries, Carroll Stowe, Bob Markert and others were on hand.

Henry and I borrowed hardhats as instructed by Mary, but when we arrived to add our mite of labor I noticed that the workers were attired in shorts and T-shirts, with workboots, but without hardhats. Mary just shrugged. "They decided to be hard-headed, not hard-hatted".

In the end, the women made the food and while waiting to serve the delicious pot-luck lunches acted as kibitzers and cheerleaders, truly admiring the moment when the 100 pound maul had to be called into action to urge one recalcitrant post into a swollen beam.

Mary is finishing up her doctorate in agronomy at Cornell this semester, so there will be no sheep in the barn til spring. Then Mary and Harvey will start experimenting with cheesemaking. "We'll be making aged cheeses, but beyond that we'll have to see. Romano cheese and Roquefort cheese are both aged sheep's milk cheeses. The flavor of cheese is very dependent on the sheep, their diet, the weather and climate, as well as the culture that we choose, so we'll just have to try out different things, see how the cheeses taste, and see what we can do," Mary said. I'm hoping they remember their barn-raising friends when there is cheese to be tested!

By Fair weekend the barn had a tin roof and some siding. As we go to press most of the windows are in and the siding on. It's easy to imagine the completed building, filled with sheep and hay - and the aroma of Heath Cheese.

HAPPY HALLOWEEN

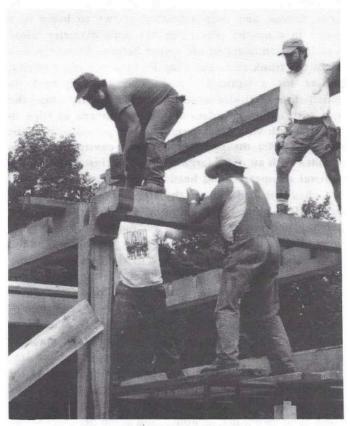
FRIENDS OF THE LIBRARY

by Pat Leuchtman

The Friends of the Heath Library thank all those who made the annual Book Sale and Raffle a success. Lots of people, Terri and Ray Pettingill, Chuck Ryan, Maureen O'Malley and many others helped by donating books, and then labored to set up and staff the sale. We give special thanks to Bob Dane, Don Dekker, Cynthia Johnson, John Clark and June Day for donating wonderful prizes for the raffle which netted \$150. The book sale also brought in \$150 for a total of \$300 which has already been spent on new books for the Library.

The Friends also supplied the \$15 gift certificate to Boswell's Books, the prize won by Clark Johnson in the Library's Trivia Quiz Lottery. We are happy that Clark was the winner because he and his family are devoted users and supporters of the Library.

At our annual meeting in July we elected officers. Once again, Pat Leuchtman will serve as President, Don Dekker as Vice President and Joanne Fortune as Secretary. The Friends accepted with regret the resignation of Ray Pettingill who has served nobly as Treasurer for more than 15 years. We are going to miss Ray. We could always count on his good judgement and be confident in the care he took with our records. We welcome Phyllis Thane as our new Treasurer.



BARN RAISING
Steve Kinsman, Henry Leuchtman,
Carroll Stowe and John Henry
(Photo by Mary Carter)



WILD RAMBLINGS

WILD CALLINGS

The English word "wild" conjures up many different images for people. Some relate the word to fear of something unknown; perhaps the mythical man-eating wolf. Some might picture some aesthetic scene that you would see on a Sierra Club calendar. Others may think of someone or something crazy such as a "wild man". For me "wild" represents a fundamental state of being. A feeling that is as basic as breathing. Although the human being has evolved from the wild to the civilized, we cannot deny our roots. While I think that it is true that our intelligence interferes with our instinct, I also believe that if we listen to our intuition it is possible to recapture glimpses of our "wild" selves.

One of the most effective ways that I have found to get in touch with these instincts is by observing animals in their natural surroundings. And no time is better than autumn to make these observations.

Very recently while sitting under a yellow birch deep in the Heath forest I was entertained by a gray squirrel. September brings a flurry of activity for all mammals in New England, and the gray squirrel is no exception. The squirrel was, at first, busy gathering up pieces of dry moss, leaves, and even a feather or two to bring to a cavity in a nearby pine. The two foot diameter white pine had been snapped off a year before. About ten feet down the trunk from the snap there was a large cavity, perfect for a squirrel's nest. The gray squirrel, in anticipation of colder weather, was apparently lining the nest with natural insulation. It made dozens of trips to the nest with various materials over a period of perhaps an hour. After disappearing into the cavity for fifteen minutes with an extra large load of nesting material, the squirrel reappeared and headed out along a highway of branches that lead to a nearby stand of American Beech trees. Here the squirrel started to gather beechnuts, packing enormous loads into its mouth and scurrying down the tree where it would bury the forage under leaves and topsoil near the base of the tree. I was very impressed with not only the squirrel's energy, but the industrious nature with which it undertook the day's

About then it occurred to me that I really should be back at my homestead cutting, splitting, and stacking wood. While walking back I thought about the similarities of my planned activities with those of the squirrel that I had just observed. Both of us were concerned about winter survival. The squirrel spent some time insulating its home, and some time storing up food. The warm nest would be well suited for winter survival, and the food, not so readily available in winter, would provide the necessary nutrition and body

heat to get the squirrel through the winter. I would cut, split, and stack some wood. The wood, being my family's soul heat source, was absolutely necessary for our survival. We would burn it slowly over the winter months turning its mass into energy to warm our house.

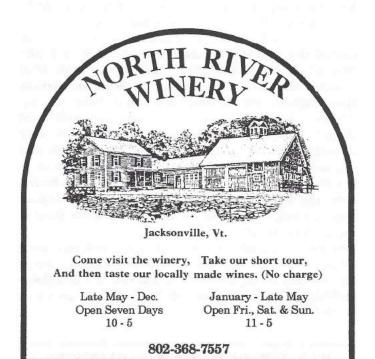
Although I doubt seriously that my personal energy could even come close to matching that of the squirrel, I was comforted to note our common interest while also realizing the difference in our activities was resounding. The squirrel was going about its preparations for winter as an absolute response to necessity. My winter preparations were by choice. I'm sure there are some people who see the entire cordwood operation as too difficult. And having done this each fall for my entire life I can sympathize with their perspective. But for me the collecting and storing of wood is more instinctual than intellectual. It is just something that I do each year. The activity is a wild calling that I cannot resist. Like the squirrel, at the end of my day's endeavors, I will rest well knowing that on some level I have met a basic level of responsibility. Simply, I have contributed to the survival of my family and myself. There is no better feeling, for man or animal, than that.

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Green Thoughts

ELSA BAKALAR

In my very first column for the *Heath Herald*, I quoted some lines from Edna St. Vincent Millay:

How shall I know, unless I go to India or Cathay
Whether or not
This blessed spot
Is blessed in every way?

I went on to say that I rarely want to be anywhere else in summer, and I enumerated reasons for not leaving Heath at various times. Mostly, it turned out, I was afraid I might miss something lovely. So why did I leave my garden for two weeks at the end of July and into August?

Well, I had a job offer I couldn't refuse: It was to lecture on gardens to passengers on the Cunard superliner Queen Elizabeth 2. My husband and I were to be the guests of the line and had merely to make our own way to England in time for the Southampton to New York sailing on August 1. Naturally, I didn't want to fly over just one day before, so we arranged to spend a week driving in the country. London was not on my itinerary. We began in the still very rural county of Suffolk, to the northeast of London.

Except for a few vigorous market towns and summer attractions like a Benjamin Britten Festival at Aldeburgh, East Anglia is a quiet part of the country, with a pleasant feeling of solitude about it (according to the Domesday Book, East Anglia was one of the most populated regions of England at the time of the Norman Conquest).

We spent one whole day at one of England's leading nurseries, Adrian Bloom's Bressingham Gardens, and marveled at his great island beds of perennials. I recognized many of the flowers that I grow in Heath, but of course Bressingham's is where they were hybridized. In the phlox family, for instance, I have two beauties: a pink flushed with rose named 'Eva Cullum', and one of palest mauve, 'Franz Schubert'.

As we were ready to leave the nursery, my brother, who had joined us for the day, disappeared. He finally turned up with a happy smile and a nursery wagon full of plants to be packed into the boot (trunk) of his car. Off he went, anxious to get home before dark and plant his treasures, while I turned green with envy.

Then it was westward (Ho!) to Somerset and the sixteenth-century cottage of an old college friend. Her village - consisting of a small farm and five dwellings - is no longer eligible for a post office of its own but mail is delivered to the door daily.

Every cottage was set in a blaze of country flowers the real cottage garden, the genuine article. With a glorious disregard for any laws of design and color, plants jostle each other for space, all seeming to grow taller as a result. This is three-dimensional gardening with a vengeance. Roses and honeysuckle cover walls, fences, and gates, and - as my friend put it - have to be "thwacked down" to keep them within bounds. Clematis, not content to cover the arbor where it's planted, reaches out and into the branches of nearby trees and continues to climb. Tiny daisies seed themselves into every chink of stone wall. Ambitious nasturtiums are caught coming in the open windows. And lavender takes more than its fair share of the path, leaving barely enough room to walk. What a glorious sight! And it will go on through most of the rest of the year. "We'll have roses on the table for Christmas," said my friend, happily.

The QE2 was another story. Superliner it really is, about three football fields long and 13 stories high, luxury in every inch. A crew of 1,000 for the maximum of 1,800 passengers. There were flowers in the stateroom (must remember not to call it a cabin), flowers everywhere throughout the ship and a full-scale florist shop in the promenade of luxury boutiques (including Harrod's). BUT NO GARDENS. Five days without a garden is hardship.

Back in Heath, the drought and hot, hot weather had persisted and quite a few of my plants looked stressed. But echinaceas and rudbeckias were in full, brave bloom; a purple late astilbe (Astilbe taquetii superba) faced down a hybrid Joe Pye weed ('Gateway'); and the pretty, white doll's eyes (Actaea pachypoda) and the obedient plant (Physostega virginiana) gleamed at dusk. The natives were fine. There were Michaelmas daisies and dahlias and another blooming of roses to come. I'd missed most of the raspberries, but the bears had left enough blueberries for one good breakfast. "Blessed in every way," you might say.







The Way It Is In The Country

'If it's old, works well and has a purpose in life, don't change it".

by CARROLL STOWE

CUTTING A RIGHT OF WAY

Just before Christmas the year of 1958 I applied for work with a crew cutting a strip of right of way for the first wooden towers on the big power line here in Heath. I didn't start work until after Christmas. My first task of the job was to build fires ahead of the cutting crew. I worked with Earl Crowningshield and just as fast as we could get a fire started and have it going well we would move 150 feet to the next fire spot. It was a surprise to me that the cutting crew would be using those newly started fires as fast as we could start them. We would cut and burn the trees and brush the distance between three steel towers a day. This was a lot of cutting and burning.

After I had worked a week or so I was given a big Homelite chain saw to use. I had worked a chain saw some before but never to pick up a saw and work it until it was out of gas and oil.

The boss of the crew was a fellow from Rhode Island. He was a good boss for the most part but had to check each operator out to see if the new man could do what was expected of him. I was given a test after a few days and it was a passing grade.

The pay for this job was a dollar and a half an hour. The chain saw operators were to get a bit more but I never did. The job started just east of Number Nine Road and went to just west of the Connecticut River. It was interesting to see new workers come on the job and watch them improve at burning brush and some not able to stand eight hours of this type of work. The work was very difficult. As the snow got deeper you of course had to break your own path to the tree you were going to cut. This was most tiring but good to build leg muscles.

There were various numbers on the crew as some would start on the job and not make it due to the tremendous physical demands and others found the boss difficult to deal with. For the most part if you did your job he left you alone.

Each chain saw operator had two fellows to pick brush and put it on the fire. It was good to be able to get a good rhythm going and three fellows could get a lot done in an eight hour day.

Every one carried their lunch and noon time was a time of a bit of conversation and getting to know each other a bit. I will always feel that this was a good job and am amazed at how fast we worked.

I had never had a job like this with a great deal more money than I'd ever had to spend. The reason mainly for taking this job was to be able to plan for our wedding. We, Peggy and I, needed furniture and such and this was a good way to get it.

The paper work or legal work for some places on the right of way hadn't been done so sometimes part of the crew would have to return to an area and cut after the easement had been agreed upon.

When we got as far east as we needed to go we came back to Heath to start again in the westerly direction and would cut to the area where the Atomic plant was to be built. The snow was deeper as we went through Rowe and snow had to be shoveled away from the base of the trees. There were several of us that did nothing but clear the deep snow away so the chain saw operators could do their work. For a lot of days I shoveled snow ahead of three chain saws. That was hard work. I'd like to be able to work as tirelessly as that today!

I was working for my folks farming at this time and 26 cows had to be milked before I could go to my power line clearing job, so all in all it made for some long days.

I never did get to the end of the job as my father had to go into the hospital for an operation. I needed to leave to take care of the farming operation.

I can always look at sections of the large power line here in north Heath and remember days past and think how good it was to be equal to that severe task.

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SELECTMEN'S REPORT AND TOWN MEETING RESULTS

by D. F. Howland

FY95 is underway with considerable vim and vigor. Town committees have been appointed and tasks and objectives established.

Town buildings have received attention. We finally got the front steps at the Town Hall repaired; the bricks on the front of the porch are to be refaced as necessary. A new work station has been built upstairs in the Town Hall to accommodate additional computer equipment. Its design reflects the input of Joyce Karpinski, Karen Therault, June Day and Kris Nartowicz. (Ed Croteau built it. He also repaired the stairs.) Stop in and see the new work area! We are having energy audits performed on town buildings to see how we can reduce electrical and heating costs. Also, the old well behind the Community Hall was filled in by the Highway Department crew in accordance with federal guidelines. The well was of no use to the Fire Department and it represented a safety hazard. Dick Newton put a new coat of paint on the basement floor of the Community Hall for the preschool.

The Tax Fairness Committee made its report to the Board of Selectmen on September 10. The Committee, chaired by Harvey Carter and with members Art Schwenger, Debra Porter, Leighton McCutcheon and Jennifer Giandalone, had the challenging task of determining various sources of revenue, ascertaining how state aid is allocated and recommending steps that Heath might take to alleviate the tax burden on Heath's property owners. The Committee did an outstanding job on this complex subject which will require further analysis and discussion.

The Board of Selectmen met with state and county engineers relative to qualifying for state and federal road funds for Avery Brook Road and West Branch Road (formerly Colrain Road). These roads have not been given serious attention in over 30 years and the three small bridges on Avery Brook Road have been only temporarily repaired to meet minimum standards. Hilma Ayers and Dick Giard attended a Franklin County Selectmen's Association training seminar, and Dave Howland has been at Franklin County Finance Committee and Mohawk Trail Municipal Association meetings.

The town was pleasantly surprised to receive \$23,312 from the Franklin County Regional Housing Authority. This money is similar to the \$30,000 we received a couple years ago which we used to set up the small business loan program. The Board of Selectmen and Finance Committee are discussing possible uses for the money. The town also received \$2,000 from the estate of Harriet Read in memory of her father, Frank E. Carpenter. The purpose is to award a prize of \$50 each year to a student graduating from the sixth grade who in the judgement of the 6th grade teacher and principal shall have attained academic and social success through

perseverance.

Following the Annual Town Meeting the Board of Selectmen established an Ad Hoc Committee to review the Recall Petition. The Committee, which was comprised of Jeff Goldwasser, Chair, Debra Porter and Bob Gruen, made its report just prior to the Special Town Meeting on September 27, 1994. Legal Counsel did not have time to prepare a report; the Board of Selectmen will follow up on the proposal. The Committee did an excellent job; we appreciate it.

Joyce Karpinski, Administrative Assistant, has been in contact with various town committees to assess their needs and incorporate those needs in grant applications. We believe our communications and follow-up on programs have been greatly enhanced through Joyce's efforts.

A Special Town Meeting was held September 27 at 8 PM with nearly 50 people in attendance - enough for an Annual Town Meeting! There were 14 articles on the warrant, 7 of which dealt with zoning by-law changes. Type of structures for accessory use were clarified, lot size in Mohawk Estates for non-permanent dwellings was established and filing fees revised. Two articles relative to the new school were approved. One was to raise and appropriate \$68,000 to pay for interest and a portion of the principal on the bond anticipation note previously authorized. In effect we are starting to pre-pay the major loan for the school. This will help even out the costs to the town. The other article was to authorize the Selectmen to purchase an additional one acre from Earl Gleason to resolve septic system design problems. The other 5 articles dealt with money matters. A special article gave the Board of Selectmen authority to accept gifts to the town; this was prompted by Mrs. Read's gift. A \$500 account to fund Veteran's Benefits was established and \$724 for the Fire Department was voted to pay for transportation costs of equipment acquired at no cost from the federal government. Finally \$2,209 was transferred from Machine Maintenance for the purchase of a special plow for the new 1-ton truck and \$4,425 was appropriated for a sand body for the truck. This equipment will give the Highway Department an efficient, effective piece of equipment for winter plowing.

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HEATH HIGHWAY DEPARTMENT

by Jack Cable, Superintendent

Our blueberry harvest season has ended, we hosted Carroll Stowe's Wagon Train, Sunday September 25 and the Highway crew is readying equipment for the winter battle. The South Road project near the center is being shaped to be paved before winter. This will seal the surface and ready it for winter's rigors. It still needs to have work done on the shoulders such as top soil, seeding, plus work on culvert structures and stone walls.

We have more potholes and preventative maintenance to do on hard surface roads and dirt road grading and graveling. We have improved the turn-around areas at the ends of Knott and Sanders Roads and improved drainage on many roads. The crew has also cut trees and brush in many areas to improve safety and road width.

Asplundh Tree Company has left the area and I wish to thank Lloyd Chadbourne and his crew for doing excellent work on trimming the power lines and roads in town. Many times they went "beyond the call" at the request of yours truly - the tree warden. Some cutting continues by J & L Tree but they will be leaving soon.

An equipment show in Dalton on September 16. sponsored by The Berkshire County Highway Superintendents Association (of which I am a member) was attended by Dohn, Fred, Jeremy and myself. Many interesting and new articles, vehicles and tools were on display. Vendors from all over New England and New York displayed at this event. Also a display of surplus equipment received by various towns from the Federal Surplus Program was interesting. Senator Jane Swift and equipment screener Bill Weigle gave me a tour of this equipment. The Mass. Highway Department had two million dollars worth of specialized equipment on display because of the efforts of State Highway Chief Engineer Ross Dindino. Mr. Dindino and Bill Silenale with his staff from District One in Lenox (our district) were in attendance. Two specially designed and fitted vehicles for measuring surfaces and subsurfaces using lasers and computers were demonstrated. The University of Massachusetts is experimenting with these vehicles. I have requested them to monitor our Heath roads. This was a very rewarding and interesting day for the crew and me.

You may have noticed a vehicle counter on Avery Brook Road placed there by the County Commissioners Office. This is one step of many to pursue the reconstruction of Avery Brook Road all the way to the Center! There is a special federal program which we have applied for to improve this road and Adamsville (West Branch) Road.

Bud Kaempher did an excellent job of retaining a smooth flow of recycling at the Transfer Station on September 17 and 19. Our recycle bin was full and was hauled to the M.R.F. facility in Springfield the very day that the large water main broke in Springfield which put the M.R.F. facility under six feet of water. We had no

bin for the 17th and 19th so Bud and I improvised using highway equipment. Reminder - clean cans and bottles before recycling. I saw a bunch of cans and bottles with moldy food still in them. The metals bin will be leaving soon and will not return until next spring. Bring your hearing-aid, etc. batteries to Bud.

Elections are November 8. - VOTE - PLEASE VOTE YES ON QUESTION 8 - SAFETY CAN'T WAIT - SAVE OUR ROADS AND BRIDGES. This referendum will send a message to our lawmakers to earmark gas tax revenue for our transportation system. This will not raise the gas tax - it will prohibit transfer of Highway Funds to other accounts. Protect Fund Surplus from being used to offset budget deficits. Require the state to develop a comprehensive state-wide highway and bridge plan for current and future transportation. And allow highway officials to promote all capital projects and provide information to properly manage Highway Fund revenues. So VOTE YES on 8 on November 8.

Have a safe Halloween.



RECLAIMER GRINDING SOUTH ROAD (Photo by Jack Cable)



PREPARING SOUTH ROAD (Photo by Jack Cable)

FIRE DEPARTMENT REPORT

by Earl Gleason, Chief

The Department responded to five calls in the last two months. The first was on July 31 when two EMTs and two first responders went to Rowe to assist in a motorcycle accident. Lightning caused a house fire on Hosmer Road West on August 13. Sixteen firefighters and all three engines wet down the remains since the building was nearly destroyed when discovered. One EMT and two first responders assisted Mercy Ambulance in lifting a South Road woman who was being transported to a nursing home on September 14. Engine one, two EMTs and 8 firefighters responded to the remains of a pile of lumber that was burning on a farm in North Heath. This occurred on September 23. Engines two and three responded to Rowe on September 27 to a storage shed fire. Seven firefighters went, four assisted in attacking the fire on the scene while the two engines acted as tankers. Later Engine three covered the Rowe station.

The Fire Association met in August at the Tom Lively residence and along with the meeting eight members also brewed the root beer for the fair. The September meeting of the Association was cancelled because of the lack of a quorum. No August drill was held because of the Fair, but six firefighters and EMTs were at a work bee the night before the Fair. Four firefighters attended the September drill. On September 26 four firefighters spent 1 1/2 hours at the station anticipating a call to cover the Rowe station as there was a structure fire in the Hoosac Tunnel section of Rowe. We were not called.

Heath Fair has come and gone and it seems to have been fairly successful as far as the Department is concerned. The first aid booth reported no major injuries, and the barbecue and wheel seemed to have returned some money to the Fire Association coffers. The fair is our major fund raiser for the year.

The Department has received some surplus property from the federal government. The property includes a large diesel generator, a large diesel air compressor, several truck tires, and tow chains. The generator, chains, and tires are new, and the total package would have cost in excess of \$20,000. The town had to pay the transportation costs, which amounted to \$724. Also we received supplies for the CPR mannequins. These came from the Franklin County EMS grant.

One firefighter attended an evening seminar on bloodborne pathogens recently. Several EMTs also attended this seminar. Quarterly defibulator recertification was also done on another evening.

Lieutenant Mike Smith has taken a leave of absence from the Department. Mike was the Self-contained Breathing Apparatus training officer for the Department. The Department wishes to thank him for his contributions to the Department and hopes that his busy schedule will let him rejoin the Department soon.

The Department desperately needs recruits. Our

membership is probably at the lowest level in twenty years and many of our members are getting along in years, along with getting tired. It is not an easy job, and the requirements nowadays are quite extensive, but basically it requires at least two evenings a month for training, one or two weekend schools, 3 or 4 workbees, CPR and First Responder training. We will be starting a campaign soon for the recruitment of both firefighters and junior firefighters. If you have any inclinations toward this service, please contact Chief Gleason at 337-4948. WE NEED YOU!

The Chief reported that meetings slowed down during the summer, but now that fall has arrived they have picked up and he has attended five, all of them out of town. Eight permits or inspections were granted during the last two months.

Responses are remarkably less so far this year. I congratulate the residents for doing a good job. Keep up the good work.

KEEP SMOKE DETECTORS WORKING

A smoke detector that's not working can't warn. It's tragic to realize many fire deaths happen in homes where the smoke detectors have batteries that are worn out or missing.

Everyone should replace the batteries when they change their clocks this fall. Fresh batteries offer assurance.

Do you have neighbors who are elderly or infirmed? Why not help them change their batteries when you are changing yours. It will help them and make you feel good.

SMOKE DETECTORS SAVE LIVES

They provide an early warning to escape. Plan your escape route. Plan your meeting place. And the best plan of all, plan how to prevent a fire from occurring.

CHANGE THE CLOCKS - CHANGE THE BATTERIES



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PERCS, PERMITS AND TRANSFERS

PERC TESTS

Earl Gleason reports that only three percolation tests were conducted in this period. All were repairs.

BUILDING PERMITS

There were no building permits issued this period.

DEED TRANSFERS

Joanne M. Jolly to Francis S. Wojtasiewicz of Belleview, FL, 25 Number Nine Road. No consideration Francis S. Wojtasiewicz of Belleview, FL to Augustine Almeida, 25 Number Nine Road, \$52,500.

Donald A. Braga to Richard S. Dawson of Greenfield, Apache Drive, Lot 34, \$1.

Paul F. and Jimmie Z. Snyder to Kathryn Inman of Halifax, VT, 21 Jacksonville Stage Road, \$178,000.

Louis J. Russo to Peter P. and Donna M. Pierzchala of Greenfield, 4 Westbrook Drive, \$4,500.

Charles E. and Nancy A. Larson to Christopher R. and Denise N.D. Houle of Chicopee, Deer Run Path, Mohawk Estates, lots 15 & 16, \$500.

Louise Rush by Norman F. Drew, deputy sheriff, to Robert G. and Barbara M. Porter of Danvers, Navaho Lane and Colrain Brook Road, Unit 3, lots, 7, 38 and 39, \$2,100.





SECOND ANNUAL BASKETBALL TOURNAMENT

by the Heath Park Committee

The Second Annual Charles Seaver Memorial Basketball Tournament was held on Saturday, October 1. The weather cooperated for most of the day but the final games were played in a light drizzle. The court became a bit slick but the teams were able to deal with it without much difficulty.

There were 9 teams competing this year. The winning team, who never lost a game, was led by George Olsen of Greenfield, Jason Tyler, Tony Rodriguez, and Henry Arzuaga. Congratulations to the number one team who won five games. Second place went to the team led by Eric Light of South Deerfield, Kevin Gilbert of Heath and Jason Grader. They won three games. Third place went to the team led by John Tuturice of Heath, Jake Melancon, Adam Almeida and Pat Tuturice. They also won three games.

The children's shooting contest was held at noontime. There were many children who entered. The shooting was excellent by the children and we look forward to the day they will play in the tournament. Congratulations to all the children who participated. Class 1 (grades 3 & 4) was all tied up at 12 baskets each. The tie breaker was won by Matt Gilbert of Heath with 5 baskets; second place went to Dylan Johnson of Heath with 4 baskets. Class 2 (grades 5 & 6) was won with some spectacular shooting by Olin Schwenger-Sartz of Heath who made 24 baskets in 3 minutes. Second place went to Steven Smead of Heath with 20 baskets. Third place was tied up at 17 baskets, and another tie at 6 baskets with the final shoot out to determine the winner. Michael Spritzer of Heath broke the tie with 7 baskets taking third place. Other participants in this class included Chris Gilbert, Danny Levitch, and Ben Sterling. Class 3 (grades 7 and up) was won by Don Ginman of Heath with an outstanding 24 baskets. Jesse Porter-Henry of Heath came in second with 22 baskets. Lara Thane also of Heath came in third with 15 baskets.

The Park Committee would like to thank all who participated to make our annual event a great success. We give special thanks to our sponsors: Blackmer Insurance, Inc., Danek Excavating, Warner Bros. Inc., The Academy at Charlemont and W.R. Hillman & Sons who made it possible for us to hold this successful event. See you all next year.



MOHAWK VALLEY HEALTH EDUCATION SERVICE FALL-WINTER PROGRAMS

OCTOBER

28 Herbs to Boost Your Immune System

31 Pre-Menopausal and Menopausal Well-Being

NOVEMBER

- Making Old Fashioned Herbal Christmas Gifts -Session 1
- 11 Making Old Fashioned Herbal Christmas Gifts -Session 2
- 16 Self Defense for Adults Session 1
- 18 Self Defense for Adults Session 2
- 30 Self Defense for Young People Session 1

DECEMBER

Self Defense for Young People - Session 2

JANUARY

21 Introduction to Shamanic Journeying

FEBRUARY

- 1 Awareness Through Movement Feldenkrais Method
- Session 1
- 9 Awareness Through Movement Feldenkrais Method
- Session 2
- 24 Herbal First Aid Session 1
- 27 Layperson's CPR Session 1

MARCH

- 1 Layperson's CPR Session 2
- 3 Herbal First Aid Session 2
- 6 American Red Cross Certification Session 1
- 6 Homeopathy Theories and Case Studies
- 8 American Red Cross Certification Session 2

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BREAST HEALTH CLINICS OFFER FREE HELP TO UNINSURED

by Anne Perkins

October is Breast Cancer Awareness Month.

The Family Planning Council of Western Massachusetts' Breast Health Project (BHP) is taking this opportunity to remind area women that monthly self-exams and regular clinical check ups are important to the early detection of breast cancer. The Council is also reminding women that they need not let lack of health insurance prevent them from getting the medical care they need. The BHP offers regular medical clinics in Amherst, Greenfield, Belchertown and Northampton. Services are free for uninsured and underinsured women who are either over 40 years old, or younger with a family history of breast cancer. A reasonable, sliding fee scale is charged for others.

The Breast Health Project clinics provide free clinical breast exams, instructions on breast self-exams, complete medical exams, lab work and referrals for free mammograms. The Project also screens for cervical cancer by conducting a pelvic exam and Pap test and will refer for a free colposcopy if indicated. Appointments can be made by calling the Family Planning Council's Northampton (1-413-586-2539) or Greenfield (1-413-773-5403) offices. Clinics are scheduled at the following locations.

NORTHAMPTON

Every other Tuesday from 4:45 PM - 7:30 PM Family Plan. Council of Western Mass. Med. Offices 16 Center Street (above the Iron Horse) 1-413-586-2539 for appointment

GREENFIELD

Every other Tuesday from 4:45 PM - 7:30 PM Family Plan. Council of Western Mass. Med. Offices 80 Sanderson St.

1-413-773-5403 for appointment

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MILESTONES

by Edith Royer

On August 9, a daughter, <u>Katelyn Elizabeth</u>, was born. Parents are <u>Karen and Michael Phillips</u> of Gill. Grandparents are <u>Donna and Lee Shepherd</u> of Heath, Robert and Bambi Phillips of Ashfield, Bill Jacque of Colrain and Mike and Mary Lou Morawski of South Deerfield. Great grandparents are Agnes and Harold Truesdall of Ashfield, Mary and Ray Dumas of Colrain and William and Leslie Alden of Greenfield. Katelyn is also the great, great granddaughter of Mildred Wilson of Greenfield.

Justina Tanner, daughter of Donna and Robert Tanner, of Heath and Kevin Purington, son of Roger and Roberta Purington, of Avery Brook Road, were married June 18 in the Heath Union Church with Rev. Roger Peace officiating. A reception was held at the Community Hall with a disc jockey providing music. The newlyweds took a trip to Maine. They are making their home on Number Nine Road.

Katherine Maria Reilley, daughter of Pat and Henry Leuchtman, was married amid the roses to Gregory Thomas Lawn at the End of the Road Farm on June 25. The couple is now living in Cambridge in a house they bought with the bride's brother, Chris Reilley.

William Kirk and Ruth Parker announce their marriage on July 16 in St. Paul's Episcopal Church in New Haven, CT. Mr. Kirk was a summer resident of Heath for many years.

Michelle Daniels and Arthur Crowningshield were married on July 16. The bride is the daughter of Millard and Nancy Daniels of Florida, MA and the bridegroom is the son of Frederick and the late Esther Crowningshield of Heath. The ceremony took place at the Heath Fairgrounds with Rev. Robert Davis of the Congregational Church, Millers Falls officiating. The bride was escorted to the altar by her father. Attending the bride were Joanne Hurlbut, Maid of Honor, and bridesmaids, Helen Oakes, Lorie Birch, Phyllis Crowningshield and Jr. Bridesmaid, Erica Daniels. Frederick Crowningshield served as best man. Ushers were Millard Daniels,

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Richard Newton, Alden Daniels and Jr. Usher was Jacob Daniels. Ring bearer was Johnathan. The Scripture readings were done by Rev. Lois Wilson and Rev. Irving Mullette, music was provided by Cheryl Carnahan, Rosalyn Mullette and Roy Briggs.

The reception was also held at the Fairgrounds. Sarah Daniels was in charge of the guest book. The cake was made by Susan Choquette. Music was provided by Dennings DJ Service.

Michelle is a 1979 graduate of Drury High School and is employed by Fleet Bank. Arthur is a 1972 graduate of Mohawk Trail Regional High School and is employed on the family farm. After a trip to Niagara Falls the couple will reside in Heath.

Brandi Lynn Paul, daughter of Jacqueline and Mayford Paul of Virginia Beach and Keith Sherman, son of Cecelia and Leland Sherman of Heath were married on August 6 in Virginia Beach. The bride is the granddaughter of Matilda Paul of West Virginia. Keith is the grandson of Mary and Elmer Sherman of Heath and Joanna Chastney of Athol. Brandi is a teacher at the Discovery Care Center in Norfolk. Keith is an air crew survival equipment man in the Navy, stationed at Virginia Beach.

Ralph W. Churchill, 86, of Williamstown died on September 24 at the North Adams Hospital. He was born in Charlemont and was the son of Charles and Avis (Taylor) Churchill. He leaves his wife Gertrude, a son John Churchill of Williamstown, two daughters Joanne Sylvester and Susan Bernardy, both of Williamstown, three stepsons and three stepdaughters, a sister, Helen Davenport of West Springfield and a brother Clyde Churchill of Heath. He also leaves nine grandchildren, thirteen step grandchildren, five great grandchildren and a step great grandson. Burial was in the Leavitt Cemetery in Charlemont. He was a frequent visitor to friends in Heath.

HADDY HALLOWEEN

